



LAMESA ISD 2023/2024

BREAKFAST

Student *estudiantes* no charge

Faculty *facultad* \$3.25

LUNCH

Student *estudiantes* no charge

Faculty *facultad* \$5.00

Check out the Daily Special
for the Faculty/Staff.

À la Carte item prices
are posted at the schools.

This institution is an
equal opportunity provider.



WHEN THIS SYMBOL IS
ON THE MENU,
**BREAKFAST
4 LUNCH!**
IS AN OPTION FOR YOU

NATIONAL SCHOOL BREAKFAST WEEK



SURF'S UP
WITH SCHOOL BREAKFAST

MY SCHOOL BUCKS

ADD MONEY TO
YOUR ACCOUNT:
Online & Mobile app
Convenient to
monitor spending,
add funds and more!



PRE-K



LAMESA • PRE-K • January 9 – March 15

Menu is subject to change without notice and is based on availability and seasonality of food items. *Breakfast items are listed in orange italics.*
When Cereal Bowl appears on the menu, Pre-K will be served Cinnamon Toast Crunch. Lunch entrée choices are listed below in bold type.
Sides are listed in italics below the calendar.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JAN 8 STUDENT HOLIDAY	JAN 9 Cereal Bowl <i>Pretzels • Fruit Juice</i> Chicken Fajita <i>Kickin' Pinto Beans</i> <i>Baby Carrots • Diced Pears</i>	JAN 10 Sausage Biscuit <i>Orange Juice</i> Chicken Alfredo Penne Pasta <i>Golden Corn • Celery Sticks</i> <i>Diced Peaches</i>	JAN 11 Chocolate Crescent <i>Fruit Juice</i> Beefy Nachos <i>Refried Beans</i> <i>Applesauce</i> 	JAN 12 Cereal Bowl <i>String Cheese</i> <i>Apple Juice</i> Pizza: Pepperoni <i>Green Beans • Banana</i>
JAN 15 SCHOOL HOLIDAY	JAN 16 Cereal Bowl <i>Cheese • Apple Juice</i> Nacho Cheese Doritos <i>Top-n-Go Taco</i> <i>Kickin' Pinto Beans</i> <i>Diced Pears</i>	JAN 17 Bfast Sausage Pizza <i>Orange Juice</i> Chicken Fried Steak & Gravy • Roll <i>Golden Corn • Diced Peaches</i>	JAN 18 Maple Madness Waffle <i>Fruit Juice</i>  Waffle w/Syrup & Sausage Links <i>Refried Beans</i> <i>Applesauce</i>	JAN 19 Cereal Bowl <i>String Cheese</i> <i>Apple Juice</i> Pizza: BigDaddy Cheese <i>Green Beans • Banana</i>
JAN 22 Cereal Bowl <i>String Cheese • Fruit Juice</i> Chicken Nuggets & Roll <i>Mashed Potatoes</i> <i>Mixed Fruit Cup</i>	JAN 23 Mini Cinnamon Rolls <i>Apple Juice</i> BigDaddy Cheese Pizza <i>Kickin' Pinto Beans</i> <i>Baby Carrots • Diced Pears</i>	JAN 24 Country Chicken Biscuit <i>Orange Juice</i> Country Popcorn Chicken & Potato Bowl w/Roll <i>Golden Corn • Diced Peaches</i>	JAN 25 Mini Blueberry Waffles <i>String Cheese</i> <i>Fruit Juice</i> Nacho Cheese Doritos <i>Top-n-Go Taco</i> <i>Refried Beans • Applesauce</i>	JAN 26 Cereal Bowl <i>Animal Crackers</i> <i>Banana</i>  
JAN 29 Cereal Bowl <i>Animal Crackers</i> <i>Apple Juice</i> Chicken Fried Steak <i>Mashed Potatoes & Gravy</i> <i>Mixed Fruit • Roll</i>	JAN 30 ChocChip Chocolate Muffin • String Cheese <i>Fruit Juice</i> BigDaddy Cheese Pizza <i>Green Beans</i> <i>Diced Pears</i>	JAN 31 Egg & Sausage Biscuit <i>Orange Juice</i> Hamburger <i>Kickin' Pinto Beans</i> <i>Sliced Tomatoes</i> <i>Diced Peaches</i>	FEB 1 Apple Frudel <i>Grapes • Fruit Juice</i>  French Toast Sticks w/Syrup & Sausage <i>Emoji Potato Rounds</i> <i>Applesauce</i>	FEB 2 Cereal Bowl <i>String Cheese • Banana</i> <i>Apple Juice</i> Pizza: Pepperoni <i>Golden Corn • Banana</i>
FEB 5 Maple Sausage Pancake <i>Wrap on a stick</i> <i>Apple Juice</i> Mini Corn Dogs <i>Mashed Potatoes</i> <i>Mixed Fruit</i>	FEB 6 Cereal Bowl • Grahams <i>Fruit Juice</i> BigDaddy Cheese Pizza <i>Baby Carrots</i> <i>Diced Pears</i>	FEB 7 Breakfast Bacon Pizza <i>Orange Juice</i> Popcorn Chicken & Potato Bowl w/Roll <i>Golden Corn • Diced Peaches</i>	FEB 8 Maple Madness Waffle <i>Grapes • Fruit Juice</i> Beefy Nachos <i>Refried Beans • Applesauce</i> <i>Red Pepper Strips</i>	FEB 9 Cereal Bowl • Grahams <i>Apple Juice</i> Pizza: Pepperoni <i>Green Beans</i> <i>Banana</i> 
FEB 12 STUDENT HOLIDAY	FEB 13 Cereal Bowl <i>Pretzels • Fruit Juice</i> Chicken Fajita <i>Kickin' Pinto Beans</i> <i>Baby Carrots • Diced Pears</i>	FEB 14 Sausage Biscuit <i>Orange Juice</i> Chicken Alfredo Penne Pasta <i>Golden Corn • Diced Peaches</i> <i>Celery Sticks</i> <i>Special treat for friends eating a school lunch today!</i>	FEB 15 Chocolate Crescent <i>Fruit Juice</i> Beefy Nachos <i>Refried Beans</i> <i>Applesauce</i>	FEB 16  Breakfast & Lunch ALL STUDENTS pick-up 10A-12NOON at either Middle or High School REMOTE CONTACT DAY
FEB 19 SCHOOL HOLIDAY	FEB 20 Muffin National Muffin Day <i>Cheese • Apple Juice</i> Nacho Cheese Doritos <i>Top-n-Go Taco</i> <i>Kickin' Pinto Beans</i> <i>Diced Pears</i>	FEB 21 Bfast Sausage Pizza <i>Orange Juice</i> Chicken Fried Steak & Gravy • Roll <i>Golden Corn • Diced Peaches</i>	FEB 22 Maple Madness Waffle <i>Fruit Juice</i>  Waffle w/Syrup & Sausage Links <i>Refried Beans</i> <i>Applesauce</i>	FEB 23 Cereal Bowl <i>String Cheese</i> <i>Apple Juice</i> Pizza: BigDaddy Cheese <i>Green Beans • Banana</i>
FEB 26 Cereal Bowl <i>String Cheese • Fruit Juice</i> Chicken Nuggets & Roll <i>Mashed Potatoes</i> <i>Mixed Fruit Cup</i>	FEB 27 Mini Cinnamon Rolls <i>Apple Juice</i> BigDaddy Cheese Pizza <i>Kickin' Pinto Beans</i> <i>Baby Carrots • Diced Pears</i>	FEB 28 Country Chicken Biscuit <i>Orange Juice</i> Country Popcorn Chicken & Potato Bowl w/Roll <i>Golden Corn • Diced Peaches</i>	FEB 29 Mini Blueberry Waffles <i>String Cheese</i> <i>Fruit Juice</i> Nacho Cheese Doritos <i>Top-n-Go Taco</i> <i>Refried Beans • Applesauce</i>	MAR 1 Cereal Bowl <i>Animal Crackers • Banana</i> Pizza: Pepperoni <i>Sliced Tomatoes</i> <i>Banana</i>
MAR 4 Cereal Bowl <i>Animal Crackers</i> <i>Apple Juice</i> Chicken Fried Steak <i>Mashed Potatoes & Gravy</i> <i>Mixed Fruit • Roll</i>	MAR 5 ChocChip Chocolate Muffin • String Cheese <i>Fruit Juice</i> BigDaddy Cheese Pizza <i>Green Beans</i> <i>Diced Pears</i>	MAR 6 Egg & Sausage Biscuit <i>Orange Juice</i> Hamburger <i>Kickin' Pinto Beans</i> <i>Sliced Tomatoes</i> <i>Diced Peaches</i>	MAR 7 Apple Frudel <i>Grapes • Fruit Juice</i>  French Toast Sticks w/Syrup & Sausage <i>Emoji Potato Rounds</i> <i>Applesauce</i>	MAR 8 Cereal Bowl <i>String Cheese • Banana</i> <i>Apple Juice</i>  

March 11-15 • SPRING BREAK! | Have fun, be safe, see you in a week!

EVERYDAY SIDES (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Banana • Broccoli fresh/steamed • Celery Sticks • Diced Peaches • Diced Pears • Emoji Potato Rounds • Golden Corn • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mixed Fruit • Pear • Red Pepper Strips • Refried Beans • Romaine Side Salad • Sliced Tomatoes • Apple Juice • Fruit Juice • Orange Juice | **MILK** Skim Chocolate Milk • 1% White Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

