



SOUTH



LAMESA • ELEMENTARY • January 9 – March 15

Menu is subject to change without notice and is based on availability and seasonality of food items.

Breakfast items are listed in orange italics. Lunch entrée choices are listed below in bold type. Sides are listed in italics below the calendar.

**LAMESA ISD
2023/2024**

BREAKFAST

Student *estudiantes* no charge

Faculty *facultad* \$3.25

LUNCH

Student *estudiantes* no charge

Faculty *facultad* \$5.00

Check out the Daily Special
for the Faculty/Staff.

À la Carte item prices
are posted at the schools.

This institution is an
equal opportunity provider.



NATIONAL SCHOOL
BREAKFAST WEEK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JAN 8 STUDENT HOLIDAY	JAN 9 <i>Honey Nut Cheerios</i> <i>Pretzels • Orange • Fruit Juice</i> Chili Mac Chicken Fajita Ham, Turkey & Swiss Sub	JAN 10 <i>Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken Alfredo Penne Pasta Chicken Sandwich Chicken Nacho Salad & Roll	JAN 11 <i>Chocolate Crescent</i> <i>Orange • Fruit Juice</i> Thai Chicken & Rice Bowl Beefy Nachos Turkey & Cheese Wrap	JAN 12 <i>Lucky Charms Cereal</i> <i>String Cheese</i> <i>Banana • Apple Juice</i> 4Cheese or Pepperoni Pizza Hamburger / Cheeseburger Ham Pizza Salad & Roll
JAN 15 SCHOOL HOLIDAY	JAN 16 <i>Lucky Charms Cereal</i> <i>String Cheese • Orange</i> Nacho Cheese Doritos Top-n-Go Taco Pizza Maxx Sticks & Marinara Turkey & Cheese Sub <i>Turkey Barbacoa Brirria</i>	JAN 17 <i>Breakfast Sausage Pizza</i> <i>Apple • Orange Juice</i> Chicken Fried Steak w/Country Gravy & Roll Chicken Sandwich Ham, Turkey & Cheese Sub	JAN 18 <i>Maple Madness Waffle</i> <i>Orange • Fruit Juice</i> Waffle & Syrup & Sausage Links Chicken Tenders & Breadstick Ham & Cheese Sandwich	JAN 19 <i>Cocoa Puffs Cereal</i> <i>String Cheese</i> <i>Banana • Apple Juice</i> 4Cheese or Pepperoni Pizza Hamburger / Cheeseburger PopChicken Salad & Roll
JAN 22 <i>Trix Cereal • String Cheese</i> <i>Apple • Fruit Juice</i> Breaded Fish Chicken Nuggets & Roll Ham Chef Salad w/Roll	JAN 23 <i>Mini Cinnamon Rolls</i> <i>Orange • Apple Juice</i> Beef Soft Tacos BigDaddy Cheese Pizza Hamburger/Cheeseburger Turkey & Cheese Sub	JAN 24 <i>Country Chicken Biscuit</i> <i>Pear • Orange Juice</i> Country PopChicken & Potato Bowl w/Roll Grilled Ham & Cheese Ham & Turkey Chef Salad w/Roll	JAN 25 <i>Mini Blueberry Waffles</i> <i>String Cheese • Grapes</i> <i>Fruit Juice</i> Nacho Cheese Doritos Top-n-Go Taco Chicken Sandwich Ham & Cheese Sub	JAN 26 <i>Honey Nut Cheerios</i> <i>Animal Crackers</i> <i>Banana • Apple Juice</i> EARLY RELEASE
JAN 29 <i>Lucky Charms Cereal</i> <i>Animal Crackers</i> <i>Apple • Apple Juice</i> Chicken Fried Steak & Roll Bean & Cheese Burrito Ham & Cheese Sub	JAN 30 <i>ChocChip Chocolate Muffin • String Cheese</i> <i>Orange • Fruit Juice</i> Chicken Alfredo Penne Pasta BigDaddy Cheese Pizza Chicken Nacho Salad & Roll	JAN 31 <i>Egg & Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken & Veggie Dumplings & Egg-Fried Rice Hamburger / Cheeseburger Turkey & Cheese Sub	FEB 1 <i>Apple Frudel</i> <i>Orange • Fruit Juice</i> French Toast Sticks w/Syrup & Sausage Chicken Sandwich Popcorn Chicken Salad & Roll	FEB 2 <i>Cocoa Puffs Cereal</i> <i>String Cheese • Banana</i> <i>Apple Juice</i> Pepperoni or 4Cheese Pizza Pizza Maxx Sticks & Marinara Ham Pizza Salad & Roll
FEB 5 <i>Maple Sausage Pancake</i> <i>Wrap on a stick</i> <i>Apple • Apple Juice</i> Mini Corn Dogs Hamburger Ham Chef Salad & Roll	FEB 6 <i>CinnaToast Crunch Cereal</i> <i>Goldfish Grahams</i> <i>Orange • Fruit Juice</i> Cheese Enchilada & Spanish Rice BigDaddy Cheese Pizza Turkey & Cheese Sub	FEB 7 <i>Breakfast Bacon Pizza</i> <i>Apple • Orange Juice</i> Country PopChicken & Potato Bowl w/Roll Chicken Sandwich Turkey Chef Salad & Roll	FEB 8 <i>Maple Madness Waffle</i> <i>Orange • Fruit Juice</i> BBQ Chicken Sandwich Beefy Nachos Chicken Nuggets & Roll	FEB 9 <i>Honey Nut Cheerios</i> <i>Goldfish Grahams</i> <i>Banana • Apple Juice</i> 4Cheese or Pepperoni Pizza Pizza Maxx Sticks & Marinara Chicken & Cheese Salad & Roll <i>National Pizza Day</i>
FEB 12 STUDENT HOLIDAY	FEB 13 <i>Honey Nut Cheerios</i> <i>Pretzels • Orange • Fruit Juice</i> Chili Mac Chicken Fajita Ham, Turkey & Swiss Sub <i>Thai Shrimp Noodle Bowl</i>	FEB 14 <i>Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken Alfredo Penne Pasta Chicken Sandwich Chicken Nacho Salad & Roll <i>Special treat for friends eating a school lunch today!</i>	FEB 15 <i>Chocolate Crescent</i> <i>Orange • Fruit Juice</i> Thai Chicken & Rice Bowl Beefy Nachos Turkey & Cheese Wrap	FEB 16 <i>grab n' go!</i> Breakfast & Lunch ALL STUDENTS pick-up 10A-12NOON at either Middle or High School <i>REMOTE CONTACT DAY</i>
FEB 19 SCHOOL HOLIDAY	FEB 20 <i>Muffin National Muffin Day</i> <i>String Cheese • Orange</i> <i>Apple Juice</i> Nacho Cheese Doritos Top-n-Go Taco Pizza Maxx Sticks & Marinara Turkey & Cheese Sub	FEB 21 <i>Breakfast Sausage Pizza</i> <i>Apple • Orange Juice</i> Chicken Fried Steak w/Country Gravy & Roll Chicken Sandwich Ham, Turkey & Cheese Sub	FEB 22 <i>Maple Madness Waffle</i> <i>Orange • Fruit Juice</i> Waffle & Syrup & Sausage Links Chili Ham & Cheese Sandwich	FEB 23 <i>Cocoa Puffs Cereal</i> <i>String Cheese</i> <i>Banana • Apple Juice</i> 4Cheese or Pepperoni Pizza Hamburger / Cheeseburger PopChicken Salad & Roll
FEB 26 <i>Trix Cereal • String Cheese</i> <i>Apple • Fruit Juice</i> Breaded Fish Chicken Nuggets & Roll Ham Chef Salad w/Roll	FEB 27 <i>Mini Cinnamon Rolls</i> <i>Orange • Apple Juice</i> Beef Soft Tacos BigDaddy Cheese Pizza Hamburger/Cheeseburger Turkey & Cheese Sub	FEB 28 <i>Country Chicken Biscuit</i> <i>Pear • Orange Juice</i> Country PopChicken & Potato Bowl w/Roll Grilled Ham & Cheese Ham & Turkey Chef Salad w/Roll	FEB 29 <i>Mini Blueberry Waffles</i> <i>String Cheese • Grapes</i> <i>Fruit Juice</i> Nacho Cheese Doritos Top-n-Go Taco Chicken Sandwich Ham & Cheese Sub	MAR 1 <i>Honey Nut Cheerios</i> <i>Animal Crackers</i> <i>Banana • Apple Juice</i> Pepperoni or 4Cheese Pizza Pizza Maxx Sticks & Marinara PopChicken Salad & Roll
MAR 4 <i>Lucky Charms Cereal</i> <i>Animal Crackers</i> <i>Apple • Apple Juice</i> Chicken Fried Steak & Roll Bean & Cheese Burrito Ham & Cheese Sub	MAR 5 <i>ChocChip Chocolate Muffin • String Cheese</i> <i>Orange • Fruit Juice</i> Chicken Alfredo Penne Pasta BigDaddy Cheese Pizza Chicken Nacho Salad & Roll	MAR 6 <i>Egg & Sausage Biscuit</i> <i>Apple • Orange Juice</i> Chicken & Veggie Dumplings & Egg-Fried Rice Hamburger / Cheeseburger Turkey & Cheese Sub	MAR 7 <i>Apple Frudel</i> <i>Orange • Fruit Juice</i> French Toast Sticks w/Syrup & Sausage Chicken Sandwich Popcorn Chicken Salad & Roll	MAR 8 <i>Cocoa Puffs Cereal</i> <i>String Cheese • Banana</i> <i>Apple Juice</i> EARLY RELEASE

March 11-15 • SPRING BREAK! | Have fun, be safe, see you in a week!

EVERYDAY SIDES (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Banana • Broccoli fresh/steamed • Celery Sticks • Diced Peaches • Diced Pears • Emoji Potato Rounds • Golden Corn • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mixed Fruit • Pear • Red Pepper Strips • Refried Beans • Romaine Side Salad • Sliced Tomatoes • Apple Juice • Fruit Juice • Orange Juice | **MILK** Skim Chocolate Milk • 1% White Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

